The Santa Fe Prescription Trails program provides prescriptions for walking and wheelchair rolling, and a walking guide that suggests routes in our community.

This guide will help you find some of the best parks and trail walking paths in the Santa Fe area.
How to Use this Guide

Maps with information about each walking route are organized by zip code, starting with 87501. Maps within a zip code are organized alphabetically by the name of the public park or trail.

Grades – level of difficulty

Trails are identified and rated according to their level of difficulty. Most are loops that go around a park.

Grade 1 = Fully accessible to all users:
A flat, paved pathway located in or around a park that is suitable for wheelchairs.

Grade 2 = Mostly accessible:
A paved or packed crusher fine pathway that may have minor grade changes, located in or around a park.

Grade 3 = Slightly challenging:
A paved, packed crusher fine, dirt or grass pathway with variations in grade.
**Information in this Guide**
- Walking route length in fractions of a mile (most trails are under 2 miles).
- Nearby public facilities - community center, library etc.
- Nearby Santa Fe Trails bus stops (for schedules call 955-2001).
- Trail safety, views, and nearby attractions.
- Longer suggested routes near some parks.

**Notes**
- Dogs are welcome in all city parks as long as they are on a leash.
- Fees may apply for use of certain facilities.

**Walking Tips**
- Wear walking shoes.
- Bring water.
- Start at a gradual pace.
- Walk fast enough to break a light sweat, and slowly enough to have a conversation.
- Swing your arms as you go and take quicker steps to burn more calories.
- Consider finding a walking partner and challenging each other.
- For fun, try using a pedometer.
- Keep track of your walking (using the log at the back of this guide).

*It's never too late to get up and get moving!* The Physical Activity Guidelines for Americans* say that most adults should be physically active on a moderately intensive level for 30 minutes on most days of the week. Breaking up those 30 minutes into 10 or 15 minute segments works fine!

*Walking is man's best medicine.*

Hippocrates

* United States Department of Health and Human Services at [www.health.gov/paguidelines](http://www.health.gov/paguidelines)
Bicentennial
1043 Calle Alto

Loop 1: 0.53
Loop 2: 0.88
Difficulty: grade 1
Trail Surface: paved
Attractions: tennis courts, picnic tables, playground, park shelter, barbeque grills, basketball, outdoor pool (summer)
Cross Streets: Calle Alto, Camino Alire, W. Alameda
Santa Fe Trails: Route 1 Agua Fria, Route 5 W. Alameda
Public Facilities: yes
Parking: parking lot

Notes: This park has recently been renovated and offers a lovely walk shaded by cottonwood trees. Stop by the swing sets and swimming pool and enjoy the children’s laughter. This park is near the Santa Fe River trail that follows the river through the city.
De Vargas
201 E. De Vargas
Distance: 0.29 one way
Difficulty: grade 1
Trail Surface: paved
Attractions: benches
Cross Streets: Don Gaspar and S. Guadalupe
Santa Fe Trails: Route 2, 1, 4
Public Facilities: none
Parking: minimal

Notes: This park offers views of the mountains and the impressive Our Lady of Guadalupe church. It is near the Santa Fe River trail that follows the river through the city, and can be combined with the Santa Fe River park walk in this guide.
Fort Marcy
320 Artist Rd.

Loop 1: 0.41
Loop 2: 0.76
Difficulty: grade 1
Trail Surface: paved, with a dirt jogging trail alongside
Attractions: playground, jogging trail with outdoor exercise equipment, putting green, ballpark; tennis courts, bike rack, picnic pagoda
Cross Streets: Artist Rd., Bishop’s Lodge, Murales and Old Taos Highway
Santa Fe Trails: none
Public Facilities: yes
Parking: parking lot

Notes: There is something for everyone at Fort Marcy Ballpark/Mager’s Field Sport Complex. On site is a baseball field, outdoor all-grass soccer field, weight room, indoor pool and cardiovascular machines. Fort Marcy also plays host to one of Santa Fe’s favorite annual events, the burning of Zozobra aka Old Man Gloom, a giant marionette effigy that is burned every September during Fiestas de Santa Fe.
Frenchy’s Field
Agua Fria near Osage

Loop 1: 0.35  
Loop 2: 0.48  
Difficulty: grade 1  
Trail Surface: main loop is paved  
Attractions: playground, picnic tables, barbeque grills, water fountain, benches, community garden, solar lighting  
Cross Streets: Agua Fria and Osage  
Santa Fe Trails: Route 1 Agua Fria or Route 5 Crosstown  
Public Facilities: none  
Parking: parking lot  

Notes: Frenchy’s Dairy Farm occupied what is now city-owned land called Frenchy’s Field. Bernard “Frenchy” Parachou operated the Sunshine Dairy here for 50 years (1932 – 1983). The cinder block building was Frenchy’s home, built by him and his friends in the early 1950s. The red-roofed community center is made of wood from Frenchy’s barn. Frenchy’s Field Park was established in 1995 and today, the park is a passive recreation area landscaped with native wildflowers that links to the Santa Fe River and the city’s open space network of trails and parks.
Monsignor Patrick Smith
1001 Canyon Rd

Loop: 0.26
Difficulty: grade 3
Trail Surface: grass, not a specific walking trail
Attractions: picnic tables, playground, barbeque grills, basketball
Cross Streets: between E. Alameda and Canyon Road
Santa Fe Trails: Route M - Museum Hill
Public Facilities: none
Parking: parking lot

Notes: This park was named after Patrick Smith, once Monsignor of nearby Cristo Rey Church. This park is near the Santa Fe River trail that follows the river through the city.
Nature Conservancy Trail
Cerro Gordo

Distance: one-way to Audobon Center is 0.53
Difficulty: grade 3
Trail Surface: fairly well maintained dirt trail; recommended use in summer and fall only
Attractions: nature preserve around area of old reservoir, benches
Cross Streets: Upper Canyon Rd and Cerro Gordo
Santa Fe Trails: Route M is the closest
Public Facilities: none
Parking: parking lot on Cerro Gordo

Notes: The preserve was launched in April 2000 when the Public Service Company of New Mexico donated the site to the Conservancy. Since then the Conservancy has worked to restore the land to its natural state and constructed an interpretive trail detailing the colorful history and fragile ecology of the place. Within the preserve are the ruins of Old Stone Dam, built in 1881. This was the city’s first official attempt to harness the Santa Fe River to supply local residents with water.
**Powerplant Park** (also known as Water History Park and Museum)  
**Upper Canyon Rd**

Loop 1: 0.18  
One Way 2: 0.11  
Difficulty: grade 2  
Trail Surface: main loop is dirt  
Attractions: museum, picnic tables  
Cross Streets: Upper Canyon Rd and Camino Cabra  
Santa Fe Trails: Route M  
Public Facilities: none  
Parking: parking lot

**Notes:** This is a quiet little neighborhood park with historic interest. In 1895, the hydro-electric power plant began generating electricity and providing a piped water supply down the Santa Fe River canyon to the city. When it fell into disrepair, the Santa Fe City Council provided funds to rehabilitate the site (2006) which is now a public resource and education center for Santa Fe residents and visitors.
River Trail
Agua Fria near Osage

One Way: 1.374
Difficulty: grade 1
Trail Surface: trail is paved
Attractions: benches, beautiful views of the Sangre de Cristo mountains, artwork
Cross Streets: Agua Fria and Osage at south and Camino Alire at north end
Santa Fe Trails: Route 1 Agua Fria or Route 5 Crosstown
Public Facilities: none
Parking: parking lot at Frenchy’s end

Notes: This is a new section of the River Trail that connects with the downtown trail along the river and can be made into a longer walk.
Santa Fe River
Cathedral Place and E. Alameda

**Distance:** 0.36 one way
**Difficulty:** grade 1
**Trail Surface:** paved
**Attractions:** benches, picnic tables and wooden sculptures
**Cross Streets:** Paseo de Peralta and Don Gaspar
**Santa Fe Trails:** Route M – E. Alameda, Route 6
**Public Facilities:** none
**Parking:** on street

**Notes:** What could be more pleasant than a walk along the river in beautiful downtown Santa Fe? This park is on the Santa Fe River trail that follows the river through the city. This can be combined with the De Vargas park in this guide.
Torreon
1515 W Alameda

Loop: 0.31
Difficulty: grade 1
Trail Surface: paved
Attractions: picnic tables, playground; barbeque grills, basketball, bike rack
Cross Streets: West Alameda near Camino Alire
Santa Fe Trails: Route 5 West Alameda
Public Facilities: none
Parking: on street

Notes: Take time to admire the beautiful tower and tile work at the entrance. According to the plaque at the foot of the tower that honors the farming history of the neighborhood, the barrio of El Torreon was named after a defensive tower that stood nearby in the Spanish colonial settlement period 1598 – 1821. During nomadic Indian raids, the barrio inhabitants took refuge in the tower where water, food and weapons were kept for such emergencies. The area was mostly peaceful and the people farmed the fields adjacent to the Santa Fe River and tended their flocks of sheep and goats. They also cut wood, loaded it on to burros and took it to Burro Alley. This park could be combined with Bicentennial Park to create a longer walk.
Acequia Trail
Baca Street to St. Francis Drive

Loop 1: 0.77
Trail 2: One way: 0.618 (from parking to St. Francis)
Difficulty: grade 1
Trail Surface: paved
Attractions: benches and water fountains
Cross Streets: Baca St. and Montano at south and St. Francis Dr. at north end
Santa Fe Trails: Route 2
Public Facilities: none
Parking: parking space for two cars off Baca St. at intersection with Fayette St

Notes: If you cross the road at St. Francis, you can hook up with the Railyard trail and park.
Alvarado
2234 Calle Alvarado

Loop: 0.35
Difficulty: grade 1
Trail Surface: soft gravel
Attractions: exercise stations, playground, picnic shelter, benches, water fountain
Cross Streets: Calle Alvarado off Old Pecos Trail
Santa Fe Trails: none
Public Facilities: none
Parking: parking lot

Notes: This hidden gem combines beautiful views, a children’s play area, a memorial grove of trees, and a trails exercise course. Don’t miss it! There are fantastic views of the Jemez Mountains to the west and Sun and Moon Mountains to the north. The trail meanders gently through grassland and those wanting more of a workout can do the proposed activities following the clear instructions at the exercise stations.
Amelia White
981 Old Santa Fe Trail

Loop: 0.35
Difficulty: grade 2
Trail Surface: partly dirt and partly sidewalk
Attractions: picnic tables
Cross Streets: Old Santa Fe Trail and Camino Corrales
Santa Fe Trails: Route M
Public Facilities: none
Parking: parking lot

Notes: Amelia White Park is a charming neighborhood park with terrific mountain views. The park features a Korean War Memorial created by Santa Fe sculptor Ken Crowley. It also has some remnants of the Old Santa Fe Trail itself. It’s a pleasant place for hikers to pause or families to have a picnic. The park is named after Amelia Elizabeth White, a wealthy New York business woman who, with her sister Martha Root, built a beautiful adobe estate “El Delirio” on Santa Fe’s east side in the 1920s. This became a popular gathering place for Santa Fe artists, writers, and intellectuals. The White sisters were avid patrons and promoters of Indian art and in 1972, generously left El Delirio, along with other Santa Fe properties, to the School for Advanced Research.
Ashbaugh
1703 Cerrillos Rd.

Loop: 0.73
Difficulty: grade 1
Trail Surface: paved trail around the park
Attractions: picnic tables; barbeque grills
Cross Streets: Cerrillos and San Jose Ave
Santa Fe Trails: Route 2
Public Facilities: none
Parking: parking lot on Cerrillos and Montaño

Notes: To extend your walk, check out Gregory Lopez, another small park located one block west of Ashbaugh at the corner of Hano Road and San Felipe - it has a barbeque grill, water fountains, a picnic table, and a playground. It can be accessed from the northwest end of Ashbaugh park on the Acequia Trail then turning left on Otowi Drive and left on San Felipe. (loop is 0.22)
Candelero
2213 Brillante St.

Loop: 0.18
Difficulty: grade 1
Trail Surface: concrete in good condition
Attractions: playground, basketball, hopscotch, benches, picnic tables, water fountain
Cross Streets: Brillante St., off Zia Rd
Santa Fe Trails: Route 4 and Route 6 Rodeo Rd.
Public Facilities: none
Parking: on street

Notes: This park has several street lights and good visibility. It is also near the Rail Trail, which walkers can explore on their own.
Cornell Rose Garden
1315 Galisteo Parkway

Loop: 0.33
Difficulty: grade 2
Trail Surface: mostly on sidewalks around park
Attractions: benches
Cross Streets: Galisteo Parkway, between Alta Vista and Cordova
Santa Fe Trails: Route 6 Rodeo Rd.
Public Facilities: none
Parking: on street

Notes: This is one of Santa Fe’s most peaceful parks with shady trees, colorful roses in season, and grass to sit on after your walk. This park is dedicated to Harvey Hiram Cornell, a landscape architect who lived from 1893-1962.
General Franklin Miles
1027 Camino Carlos Rey

Loop 1: 0.52
Loop 2: 0.71
Loop 3: 0.97
Difficulty: grade 1
Trail Surface: loop is paved and there is a well-maintained middle trail
Attractions: playground, basketball, baseball, volleyball, Martha Ramirez skate park; bike racks near concession stands; picnic tables, barbeque grills, drinking fountains
Cross Streets: Camino Carlos Rey and Siringo
Santa Fe Trails: Route 2, Route 4 Southside
Public Facilities: none
Parking: several lots

Notes: Don’t miss the extraordinary murals next to the baseball fields! These were created in 2007 by the Santa Fe Teen Arts Center, Warehouse 21. There are clear lines of sight along paths and a slight uphill grade near playground.
Larragoite
Agua Fria/Cristobal Colon

Loop: 0.53
Difficulty: grade 1
Trail Surface: paved trail in good condition
Attractions: tennis courts; volleyball, playground, water fountains, picnic tables
Cross Streets: Agua Fria and Cristobal Colon
Santa Fe Trails: Route 1 Agua Fria, Route 5
Public Facilities: yes
Parking: several lots

Notes: Recently renovated, the new paved path offers a great opportunity to take a walk while admiring the stunning Sangre de Cristo mountains. Larragoite is a Basque name. Benito Anselmo Larragoite, founder of the Larragoite family in New Mexico, was born in Bilbao, Spain in 1811.
Las Estancias/Caballero
Near Yucca and Carlos Rey

Loop: 1.32
Difficulty: grade 2
Trail Surface: paved trail in good condition around Las Estancias; sidewalk between 2 parks; dirt trail around part of Caballero

Attractions: at Las Estancias: picnic tables, benches, drinking fountain
Cross Streets: Las Estancias, off Yucca - La Silla Dorada and Via Berrenda
Caballero: off Carlos Rey - Via Caballero del Norte and Pavo Real
Santa Fe Trails: Route 4 and Route 6 Rodeo Rd.
Public Facilities: none
Parking: lot near Caballero, on street near Las Estancias

Notes: The two parks are linked by quiet, safe neighborhood streets and together make a good loop. Las Estancias Park was created in 2008 with lots of input from the residents.
# Ragle

**Zia Road and Yucca St**

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<td>Loop 2:</td>
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**Difficulty:** grade 1

**Trail Surface:** paved trail around edge of park

**Attractions:** baseball, playground, barbeque grills, benches, picnic tables, shade trees

**Cross Streets:** Zia Road, Yucca St, Avenida Chaparral

**Santa Fe Trails:** Route 4 and Route 6 Rodeo Rd. are the closest

**Public Facilities:** yes

**Parking:** parking lot

**Notes:** The main section is mostly reserved for baseball fields but it is possible to walk around these comfortably on a well-maintained trail. This park is near the Arroyo de los Chamisos Trail which walkers can explore on their own.
Railyard
600 S. Guadalupe

Loop: 0.60
Difficulty: grade 1
Trail Surface: paved and crusher fine
Attractions: benches, playground, outdoor performance space
Cross Streets: Guadalupe and Cerrillos
Santa Fe Trails: Route 2 Cerrillos Rd., Route 4
Public Facilities: yes
Parking: yes

Notes: Near Railyard, farmer’s market, and Rail Runner station. This park is next to the Rail Trail which walkers can explore on their own.
Salvador Perez
601 Alta Vista St.

Loop: 0.45 miles
Difficulty: grade 2
Trail Surface: paved most of the way; dirt at northwest corner
Attractions: real locomotive engine, playground, baseball, soccer; tennis, volleyball, picnic tables
Cross Streets: Alta Vista and St. Francis
Santa Fe Trails: Route 2 Cerrillos Rd., Route 4 St. Francis
Public Facilities: yes
Parking: yes

Notes: Adjacent to the park is the Salvador Perez Fitness Center, a great place to work out with generally short waits for equipment. It includes an indoor pool; weight room; cardiovascular machines; aerobics room. This park is known to locals as the Train Park and for many years families came to the park to play on the train! This park is near the Rail Trail, which walkers can explore on their own.
Agua Fria Community Park
Agua Fria Park Road

Loop 1: 0.47
Loop 2: 0.72
Difficulty: grade 1
Trail Surface: paved
Attractions: tennis, basketball, baseball, shade pavilion, picnic tables, barbeque
Cross Streets: Agua Fria Park Rd and 62 (Caja del Oro Grant Rd)
Santa Fe Trails: closest to Route 1 Agua Fria
Public Facilities: yes
Parking: parking lot

Notes: This is a spacious park with beautiful views of the mountains, and is located near the Agua Fria Community Center. A short distance (0.25 miles) south on Caja del Oro Grant Rd, connects you with the Agua Fria River Park for a longer walk.
Agua Fria River Park
San Isidro Crossing

Distance: 0.70 one way
Difficulty: grade 2
Trail Surface: dirt, in good condition
Attractions: picnic table
Cross Streets: San Isidro Crossing and Caja del Oro Grant Rd (62)
Santa Fe Trails: closest to Route 1 Agua Fria
Public Facilities: no
Parking: parking lot

Notes: This is a pleasant walk along the Santa Fe River. For the more adventurous, you can park at the Isidro Crossing lot, walk along the trail to Caja del Oro Grant Rd, take a right and connect with the Agua Fria Community Park.
Burro Lane Park

Burro Lane

Loop: 0.133
Difficulty: grade 2
Trail Surface: dirt
Attractions: playground, shaded picnic tables
Cross Streets: Burro Lane and Quail View Lane off W. Alameda
Santa Fe Trails: Route 1
Public Facilities: none
Parking: yes

Notes: This is a delightful county open space park with expansive views. If you are lucky, the neighborhood burro will come out and greet you.
Camino Real Park
Constellation Drive

One Way: 1.03
Difficulty: grade 1
Trail Surface: paved trail
Attractions: attractive bridges at both ends of the trail
Cross Streets: Constellation Dr or San Felipe Rd and Airport Rd
Santa Fe Trails: Route 24
Public Facilities: none
Parking: yes

Notes: This is county open space in a densely populated and expanding area. It is a segment of El Camino Real de Tierra Adentro national historic trail that winds along the Santa Fe River.
Genoveva Chavez Community Center
3221 Rodeo Rd.

Loop: 0.1
Difficulty: grade 1
Trail Surface: indoor track
Attractions: use of the community center for a small fee
Cross Streets: Rodeo Road and Avenida de las Campanas
Santa Fe Trails: Route 4 and Route 6 Rodeo Rd.
Public Facilities: at community center
Parking: large parking lot

Notes: The GCCC has numerous indoor facilities including an indoor walking track. One loop is 0.1 mile. The walking track accommodates walkers and runners and provides views of the Chamisos trail and arroyo as well as the basketball courts below. Behind the Chavez Center building is a certified Frisbee Golf Course. The Arroyo de los Chamisos trail can also be accessed behind the main building, but there is a greater than 5% grade initially to reach the trail. Genoveva Chavez was the voice of Santa Fe. She is legendary among Norteños for her passion for music and her connection to Fiesta. After your walk, you can admire her tiled portrait created by local artist Sam Leyba.
Herb Martinez
2240 Camino Carlos Rey

Loop 1: 0.45
Loop 2: 0.23
Both Loops: 0.70
Difficulty: grade 2
Trail Surface: part sidewalk and part grass
Attractions: basketball, tennis, baseball, water fountain, picnic tables, shade trees, outdoor hockey rink
Cross Streets: Camino Carlos Rey, Camino del Gusto, Las Cacitas
Santa Fe Trails: Route 4 Southside
Public Facilities: none
Parking: yes
Notes: This park has a lot of activity, but is more secluded than the nearby Franklin Miles park.
Las Acequias
1100 Calle Atajo

Loop: 0.36  
Difficulty: grade 1  
Trail Surface: paved  
Attractions: playground, basketball, picnic tables, benches, drinking fountain, shade canopy, bike rack  
Cross Streets: Calle Atajo near Acequias Lane  
Santa Fe Trails: Route 1, Route 24  
Public Facilities: none  
Parking: limited on street  
Notes: This lovely park is dedicated to the Acequia Madre that once carried water from the Santa Fe River to the people, gardens, and animals of this neighborhood. The colorful tiled sculptures represent the form of the acequia and are dedicated to acequia families of New Mexico - past, present, and future.
Marc Brandt Park
Siringo

One Way: 0.478
Difficulty: grade 1
Trail Surface: paved trail through the park
Attractions: benches
Cross Streets: Between Richards and Ave de Las Campanas along Siringo
Santa Fe Trails: Route 2 (closest)
Public Facilities: none
Parking: none

Notes: This is a small park forming an island between two one-way sections of Siringo.
Monica Lucero  
Avenida de las Campanas  

Loop: 0.30  
Difficulty: grade 3  
Trail Surface: grass  
Attractions: picnic tables, barbeque grills, playground, open field, shade trees  
Cross Streets: Avenida de las Campanas, Camino Consuelo, Arroyo de los Chamisos Trail  
Santa Fe Trails: Route 4 and Route 6 Rodeo Rd.  
Public Facilities: none  
Parking: parking lot  

Notes: This is a small park just north of the Genoveva Chavez Community Center. It is on the Arroyo de los Chamisos paved trail that runs from Rodeo Road and joins the Rail Trail. This will eventually go all the way to the Railyard.
Municipal Recreation Center
205 Caja del Rio Road

Loop 1: 1.0
Loop 2: 0.48
Loop 3: 0.65
Loop 4: 0.46
Difficulty: grade 1
Trail Surface: paved, in great condition and wheelchair accessible
Attractions: softball, baseball, volleyball, soccer, rugby
Cross Streets: Caja del Rio Road
Santa Fe Trails: none
Public Facilities: yes
Parking: several parking lots
Notes: This is a beautiful, extensive flat trail around a wide open field. Even though it is not accessible by public transport and is a few miles northwest of Santa Fe, across 599, it is well worth the trip. There is also a pond close by with ducks and other water-loving birds.
Pueblos del Sol
Governor Miles

Loop 1: 0.77
Loop 2: 0.63
Loop 3: 1.0
Difficulty: grade 3 based on variations of grade greater than 5% in some places

Trail Surface: paved
Attractions: playground, water fountain, picnic table, benches
Cross Streets: Governor Miles, Nizhoni Drive, Cliff Palace
Santa Fe Trails: Route 21 Pueblos del Sol
Public Facilities: yes
Parking: dirt parking lot at Pueblos Del Sol Park

Notes: A lovely winding loop along the arroyo with good visibility. Constant variations in grade would make it challenging to wheelchairs, less mobile and new walkers. Trail becomes marginally improved (loose dirt) at the intersection of Governor Miles and Cliff Palace.
Rancho Viejo - Village
Off Richards

Loop 1: 0.44
Loop 2: 0.29
Difficulty: grade 1
Trail Surface: paved and well maintained
Attractions: benches, plants, trees, share, play areas
Cross Streets: off Richards Rd.
Santa Fe Trails: Route 21
Public Facilities: No
Parking: Yes as indicated

Notes: Quiet neighborhood walks on beautifully landscape trails
Rancho Viejo - Windmill Ridge
Off Richards

Trail 1: 0.59 one way
Trail 2: 0.51
Trail 3: 0.18
Trail 4: 0.69 one way
Difficulty: grade 1
Trail Surface: paved and well maintained
Attractions: benches, plants, trees, share, play areas
Cross Streets: off Richards Rd.
Santa Fe Trails: Route 21
Public Facilities: No
Parking: Yes as indicated

Notes: Quiet neighborhood walks on beautifully landscape trails.
Prescription Trails Resources

American Heart Association – Start! Walking
City of Santa Fe - GIS/Mapping
City of Santa Fe - Parks
City of Santa Fe - Trails Transit
City of Santa Fe - Bikeways and Trails Map
National Park Service, Rivers & Trails Program
NMDOH Diabetes Prevention and Control Program
New Mexico Health Care Takes On Diabetes
New Mexico Prescription Trails
New Mexico State Parks
Santa Fe Conservation Trust
Santa Fe County Open Space and Trails Program
Santa Fe Trails Volunteer Program

Ready for more challenge? Check out the following:
Dale Ball Trails and Connecting Trails and Biking Trails
Sierra Club, Northern New Mexico Group

Santa Fe Prescription Trails Partners

Blue Cross Blue Shield of New Mexico, CHRISTUS St. Vincent Regional Medical Center; City of Santa Fe; GenQuest, Inc.; Lovelace Health Plan; National Park Service Rivers & Trails Program; New Mexico Department of Health; New Mexico Department of Transportation; New Mexico Health Care Takes On Diabetes; New Mexico State Parks; Parks Advisory Board; Presbyterian Health Plan; Santa Fe Conservation Trust; Santa Fe County; Synergy Wellness Center; UnitedHealthcare of New Mexico

Thanks especially to Jim Gallegos, creator of the maps, and Brian Ferns, Graphic Designer, from the City of Santa Fe, for their dedication in producing this guide.
## Walking Log

Tracking your progress helps you stay motivated. Use this walking log to keep track of the date, distance and time it took for your walk. You can copy this blank page for future use.

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